

# ADAM'S PLACE THE SB355 GRIEF SUPPORT TRUST ACCOUNT REPORT 2018

# Background

- Adam's Place has provided free grief support groups in Southern Nevada for 9 years.
- First type to laser focus on needs of children and teens coping with death of primary family member in non-denominational, structured peer group setting.
- Initial funds to establish the 501c3 came both nationally and locally: Little Hope Foundation (NYNY), and the Tony and Renee Marion Family Foundation (LVNV).
- Parameters of the group foundation, training, guidelines and resources purchased from Dougy Center of Portland and The Solace Tree of Reno, Nevada.
- Adam's Place also obtained further insight, support and expertise from area Child Life Specialists. Many of which volunteered their time, ideas and practices and made referrals to our program.
- Over time Adam's Place has developed a curriculum, of best practices, to incorporate specific coping skills education, into a peer group model.

- Title for the 8 consecutive sessions at Adam's Place is "Camp Cope".
- "Camp Cope" focuses on empowering participants with tools, skills, coaching and peer support.
- The services is focused on children 5-18, after death of family member.
- We provide parenting skills classes as a FACES partner with Clark County School District.
- We are working on establishing on-site "Camp Cope" programs in area schools which would include children coping with a broader definition of the source of the feelings of grief and loss: deployment, incarceration, divorce and illness.
- Pre and Post surveys are conducted with all participants.
- Our goal-to increase self-esteem, self-reliance (resiliency) and communication skills.

- Our data confirms that the participants gain the following by completing Adam's Place Camp Cope.
  - School absenteeism decreases
  - Communication with surviving parent or caregiver increases
  - Community engagement increases
  - Feelings of isolation and sadness decreases
  - Positive physical health indicators increase
  - Skills to manage anger, stress and social interaction increase

- We conduct orientation with each participant and caregiver.
  - *Application process tracks social demographics, and income.*
  - We track attendance and certificates of accomplishments at Camp Cope.
- Each child receives a backpack with activities and tools for healthy coping during orientation.
- Adam's Place conducts large group activities throughout the year to foster additional social interactions and community engagement:
  - Fall downtown project event
  - Halloween outings at UNLV
  - *Thanksgiving Dinner*
  - Mrs. Claus Tea at Opportunity Village
  - Spring Activity Day/PIcnic

## Funding

- Adam's Place is a 501c3 and relies on grants-public and private, fundraising, and individual donors.
- Adam's Place was awarded federal funds through the Judicial Assistance Grant process for 2016, 2017.
- We have submitted but have not yet received funding from the Childre's Bereavement Trust Fund (SB355)

### **Student Participation**

Gender Choice: *– Female: 119 – Male: 90 – Gender not chosen: 1 Total: 210*

### • Self-Reported Minority Choice:

- *Hispanic: 32%*
- African American: 28%
- Asian American: 1%
- White Non-Hispanic: 39%

# Age Groups: - 5-8 year olds (Littles) : 45 - 9-12 year olds (Middles): 55 - Teens : 35 - Adults-75

# **Referral Sources**

- Google Search
- School Counselors
- School Social Workers
- Area Hospitals
- Word of Mouth

# **Summary of Surveys from Participants, Volunteers and** We capture surveys on skills obtained at Camp Cope.

- Every June we review program objectives, choice of activities, and feedback forms by volunteers.
- We assess if we are effectively reaching our goals in a cost effective-quality delivery system.
- Recommendations and findings are sent to board by July 1, each year.
- We begin the next program year with fresh attention to detail and changes, being careful to always retain integrity to our mission driven commitment and the parametters of the scope of our practice of grief group facilitation.

- Adam's Place is a five-star charitable foundation.
- Our services fill a gap.
- The ratio of school counselors in the CCSD system is 1 counselor to every 1500 students. The national benchmark is 1 to 500.
- The need for our program is felt by school counselors and social workers the need services to refer children and families.
- Adam's Place takes stress off the safety net system.
- Our program aims at prevention.
- Coping skills education empowers a child to navigate and integrate growth after loss.
- An investment which will last a lifetime.